

# 10 reasons why you should be talking about long-term care — now\*





# It's part of retirement planning.

95% of advisors believe that it's important for clients to consider long-term care planning as part of their retirement strategy.





# It may cost more than you think.

Americans far underestimate the potential cost of long-term care, which can amount to nearly twice as much as what they assume.



# Your loved ones are counting on you.

97% of Americans agree that families ought to discuss plans for long-term care before it's actually needed.





# You and your spouse may not be on the same page.

More than half of Americans say having a spouse is their long-term care insurance, yet more than half of spouses haven't had this conversation.



It's beneficial to act sooner rather than later.

0/0 of advisors agree that people wait too long before discussing plans and options.





# Your family needs a plan.

of sons and more than half of daughters hope they don't become their parents' caregivers.



#### Medicare and Medicaid won't cover it.

If qualified, medicare may only pay for a portion of skilled nursing costs up to 100 days.1 And Medicaid is only available to those with limited assets and income.





# Planning for professional caregiving is often a smarter idea.

of individuals worry that they would not be able to provide adequate care if somebody in their family needed it.



### You don't want to foot the bill.

advisors agree that, even for those who can self-insure, long-term care coverage can provide tax-free financial leverage.





# Good health doesn't make you exempt from planning.

believe that living a healthy lifestyle is the answer. But living a healthy lifestyle may mean you'll live longer and potentially face health-related risks associated with aging.

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<sup>\*</sup>VerstaResearch, "2017 LTC Marketing and Thought Leadership Research, Findings from Surveys of Advisors and Consumers," October 2017, http://newsroom.lfg.com/sites/lfg.newshq.businesswire.com/files/doc\_library/file/Lincoln\_LTC\_Study\_Part\_1\_Final\_02.21.18.pdf,

<sup>&</sup>lt;sup>1</sup>Department of Health & Human Services, "Long-Term Services and Supports for Older Americans: Risks and Financing," ASPE Issue Brief, https://aspe.hhs.gov/basicreport/long-term-services-and-supports-older-americans-risks-and-financing-research-brief, February 2016.

# Talk with your advisor about planning options and feel confident about your future.

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